



# CREATIVE THERAPEUTICS

## PHYSICAL THERAPY

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### PHYSICIAN ORDERS

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_

DOB: \_\_\_\_\_ Date of Injury/Surgery \_\_\_\_\_

<b>DIAGNOSIS</b>
<b>GOALS</b>
<b>PRECAUTIONS</b>
<b>FREQUENCY/DURATION</b>
<b>EQUIPMENT NEEDS</b>

**Physical Therapy Evaluation/ Treatment**

#### MODALITIES

- Heat / Ice
- Ultrasound
- Iontophoresis
- Traction
- Electrical Stim
- Diathermy

#### PROCEDURES

- Soft Tissue Mobilization
- Joint Mobilization
- Spinal Mobilization
- Neuromuscular Re-education
- Neural Tension
- PNF
- Active / Passive ROM

#### THERAPEUTIC EXERCISES

- Spinal Stabilization
- Prenatal / Postnatal
- Flexibility
- Postural Reeducation
- Physioball
- Foam Roll
- Osteoperosis
- Pelvic Floor Re-education
- Strengthening

Recheck in \_\_\_\_\_ weeks

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Signature

## Thank You very much for the Referral

Please have the doctor sign, print and date, along with indicating the frequency and duration of PT for this patient. Please include the demographics, so that we may contact this patient for an appointment. If the patient has an HMO insurance plan for either **TMJ** or **Pelvic Floor**, please have the SANTE authorization included.